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Mom and founder of 5 Phases

With the arrival of one of life's most precious gifts, we as parents find ourselves paying a little more attention to the world in which our children will grow. We naturally find ourselves wanting to give them the safest and best of everything.

After the birth of our second child, my eyes were opened and I became educated about how chemicals in the environment are affecting us, especially our children. I share my story to hopefully make people realize that we need to make some changes.

After years of disappointment from unsuccessful infertility treatments and multiple miscarriages, we were delighted to finally have a viable heartbeat from our baby. But the smiles were short-lived when during a routine ultrasound our doctor informed us our baby could possibly have a birth defect. After numerous tests, the defect was confirmed but did not appear to be genetic. There was no certainty on the cause, but this particular birth defect was on the rise. In the mid 1980's approximately 1 in 350 babies were born with this birth defect. By the time our son was born, the numbers had increased to a staggering 1 in 125. I questioned many times what I could have done to prevent this from happening. It wasn't until a few years later that I had an idea about the possible cause.

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When I read that chemicals were leaching from plastic baby bottles into our babies milk I was mortified and thought, "there has got to be a way to get parents back to using glass baby bottles."

I found that, with the increasing concerns of using plastics, many parents wanted to use glass but feared them breaking. I am an airline pilot, I never thought of myself as an inventor, but felt the need to help new parents by giving them a better alternative for feeding their babies. So, four years ago I developed a GLASS baby bottle that was shatter resistant. I also wanted to educate parents about the chemicals in our environment, organic living and alternative medicine.

People are becoming aware of the hazards of BPA and phthalates. Companies are now making BPA-free plastic bottles, but some studies are finding the new plastic to be equally harmful. So why not just breast feed? I am a true advocate of breast feeding and believe there is nothing better or more natural than "mom", but certain circumstances can prevent a mother from breastfeeding. Both of my children had protein allergies and the only solution was a prescription formula called Neocate. There needs to be a safe alternative for those unable to breastfeed.

There is a definite movement towards green living. We live in a world filled with chemicals, and in many instances avoidance proves to be impossible. For this reason we owe it to ourselves, and to our children, to minimize exposure to toxins whenever possible.

If you want to share your story e-mail it for consideration at editor@naturalchildworld.com

