

# american baby

HEALTHY PREGNANCY, HAPPY BABY



*Ewww!*  
**What Not To  
Post Online!**

**Special Report**

**SAFEST  
WAYS  
TO GET  
BABY TO  
SLEEP**

Tips All Moms Need

 **A Better  
Baby Bottle**  
What's New Now

{MILK DELIVERY!}  
a.b. bests **baby bottles**

**1. It's a natural**

The wide base of the ripple on Tommee Tippee's Closer to Nature mimics mom's breast. (\$24 for three; BabieBuffs.com)

**2. No more fuss**

Born Free has declared March Colic Awareness Month, and its bottles may reduce symptoms. (\$27 for three glass bottles and one sleeve; SummerInfant.com)

**3. Lean in**

Chicco's new NaturaFit has a tipped nipple so your newborn doesn't have to strain to drink. (\$9 each; BuyBuyBaby.com)

**4. Try a hybrid**

Pour milk into 5 Phases' glass insert, then slide it into the protective plastic shell. (\$16 each; 5Phases.com)

**5. Simple solution**

Evenflo's bright new Classic Twist is a total bargain. (\$3 for three; Kmart.com)

**6. Plum perfect**

The Dr. Brown's bottle was invented by a doctor who designed its anti-colic valve. (\$19 for three; BabieBuffs.com)