

\$3,300 WORTH OF FREE STUFF UP FOR GRABS! FLIP TO PAGE 18 FOR DETAILS

PREGNANCY & newborn

PERSONAL SHOPPER

Gear for stylish moms and babes

boppy.

30 DAYS OF GIVEAWAYS!

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How to wean when you're ready

WAKE-UP CALL

Decoding pregnancy dreams

Why labor isn't as scary as you think

April 2016

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10 THINGS TO DO

BEFORE BABY ARRIVES

Maternity denim for every body

CAREER CHANGE

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SPECIAL OFFERS!

EMERALD CITY

Earth-friendly finds that'll make you want to green up your act.

PRODUCED BY LAUREN BROCKMAN ANDRE



1 Carry on with a lighter footprint, thanks to a recycled brushed polyester twill fabric that's ultra breathable. **Onya Baby NexStep carrier**, \$149, onyababy.com

2 With a BPA-free plastic outer shell for protection and a glass insert for worry-free feeding, this hybrid vessel offers the best of both worlds. **5 Phases bottle**, \$19, 5phases.com

3 Dream of a bright tomorrow under an organic cotton mobile colored with all-natural dyes. **giggle mobile**, \$55, giggle.com

4 Using only EPA-approved ingredients, this all-purpose spray keeps both your home and planet clean. **Berkley Green Baby toy and high-chair cleaner**, \$4, buybuybaby.com

5 Going halves never looked better: This cute suit is 50 percent organic cotton and 50 percent rayon made from bamboo. **Babysoy bodysuit**, \$19, babsoyusa.com

6 This stroller has a frame made from recycled plastic, and its fabric is made with a whopping 53 recycled PET-bottles. **Greentom Upp Classic stroller**, from \$299, greentom.com

7 So safe that it meets food contact standards, the waterproof 100 percent polyethylene side of this 2-in-1 mattress is a real treat. **Naturepedic crib mattress**, \$399, naturepedic.com

8 This funny friend is handmade in the USA from super-soft upcycled cashmere. **Snuggly Ugly cashmere doll**, \$48, snuggly-ugly.com

9 Rest easy with a GOTS-certified crib that's topped off with a nontoxic, UV-cured finish. **Spot on Square Hiya crib**, from \$749, spotonsquare.com

10 Spills, moisture and odor-causing bacteria become a nonissue when GREENGUARD Select-certified upholstery is involved. **Clek Foonf car seat**, \$450, clekinc.com