

SOUTH FLORIDA
Parenting

Serving Miami-Dade, Broward and Palm Beach

FREE

baby & maternity

2015 - 2016

guide

Must-haves
for your
nursery



SOUTH FLORIDA
Parenting
& **toddler**
baby fair
SEE PAGE 5

presented by
BROWARD HEALTH
MEDICAL CENTER
Maternity Place

LOCAL HOSPITAL & BIRTH CENTER DIRECTORY

Win Me!
Go to
southfloridaparenting.com



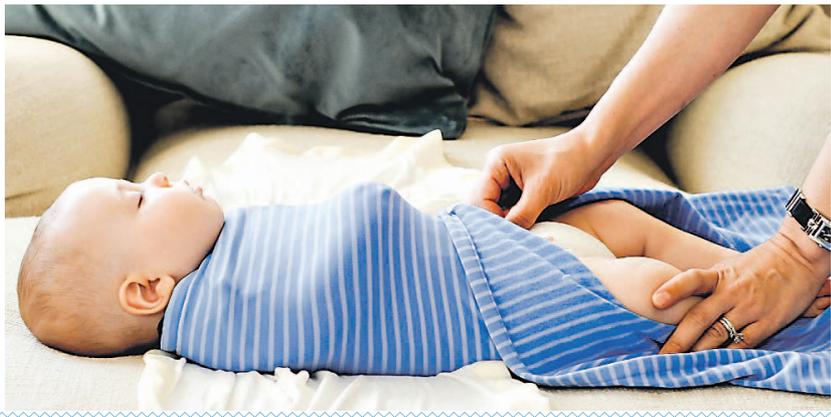
5 PHASES HYBRID GLASS BABY BOTTLE

Plastic baby bottles frighten me. Like many moms in 2015, I'm worried about BPA's. The 5 Phases Hybrid Glass Baby Bottle is a healthy alternative. The design

was inspired by a mother concerned about how environmental factors could affect her 1-pound, 7-ounce micro-preemie baby during feedings. This clever bottle is BPA-, PVC- and phthalate-free plastic on the outside, and it comes with a glass insert to safely hold breast milk or formula. The outer plastic sleeve makes the glass inside shatter-proof. As an added bonus, the bottles are microwave- and dishwasher-safe. **\$15.98-\$19.98, 5phases.com**

OLLIE SWADDLE

Available in a blue- or pink-striped, moisture wicking material to prevent baby from overheating, the Ollie Swaddle is a clever swaddling blanket that conveniently closes with Velcro and features an elastic loop at the bottom to tuck in baby's feet. While the nurses at Boca Raton Regional Hospital taught me to swaddle my son, I forgot some of those skills. The Ollie Swaddle made it much simpler with easy-to-use Velcro fasteners. The stretchy fabric wraps nicely around baby's body and makes for a better night's sleep by keeping baby swaddled and calm. **\$48, Shop.theollieworld.com**



SHOES MADE FOR WALKING

Babies need to be able to feel the floor with their feet to learn balance and walking, but socks can be slippery. Nufoot neoprene shoes are a great solution. They are water-resistant, germ-proof, anti-microbial and machine washable. The skid-resistant soft shoes are also super comfortable and somewhat stretchy, so they last longer than traditional shoes. Nufoot shoes lie flat and can fit in a purse, bag or pocket for easy storage. **\$15-\$18, Nufoot.com**

DADDY & CO. SKINCARE

You might know Daddy & Co. for its "I'm the Daddy" line, but the company also has a baby skincare line to get your little ones clean with no harmful or toxic ingredients. Daddy's Baby Bubble Bath, Baby Shampoo & Body Wash, Organic Talc-Free Baby Powder, and All Natural Baby Lotion are paraben- and sulfate-free, hypoallergenic and dye-free. The line even has a stamp of approval by Healthy Child Healthy World Foundation. **\$9.95-\$12.95, daddyncompany.com**

